

EDUCATION liberation

“Love and justice are not two. Without inner change, there can be no outer change; without collective change, no change matters.”

- Rev angel kyodo williams

Education Liberation is a journey for people who want to transform systems using the guiding principles of Restorative Justice. The program will guide you to unearth your own inner world so you can operate from a less encumbered, more connected and present way of being. In this program, we use our bodies as the fertile ground and learn to become the architects of our own neurobiology rather than living *in reaction to* our personal and collective histories. In other words, we can start living from choice - a game changer in how we relate to the world.

This program is grounded in the 7 core principles of Restorative Justice*:

1. The true self in everyone is good, wise, and powerful.
2. The world is profoundly interconnected.
3. All human beings have a deep desire to be in a good relationship.
4. All humans have gifts, everyone is needed for what they bring.
5. Everything we need to make positive change is already here.
6. Human beings are holistic.
7. We need practices to build habits of living from the core self.

*From [Circle Forward: Building a Restorative School Community](#) by Carolyn Boyes-Watson & Kay Pranis.

Education Liberation is only the start of the journey - one that needs to begin within each of us.

Participation includes:

- 8 dedicated sessions held in circle, building deep connections with other changemakers
- Ideas to co-create a new story of education
- Curated tools you can try on yourself first and then share with others
- Poetry that aligns with each week's content
- An online space to share insights and connect between sessions

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CURRICULUM

INTRODUCTION

Creating the conditions for healing: Values, Guide Rails, & Intention-Setting

The world is profoundly interconnected: Resourcing The Collective

★ Tools: Incorporating Ritual, Understanding Power & Cultivating Belonging

We need practices to build habits of living from the core self: Building Compassion

★ Tools: Dialogic Listening, Ego States, & The Felt Sense

All humans have gifts, everyone is needed for what they bring

Hierarchy Part 1: The Crisis of Loneliness & Devaluing The Feminine (What are the stories of emotions? They are feminine.)

★ Tools: Curiosity & Vulnerability as Values

Human Beings Are Holistic

Hierarchy Part 2: Calling truce with our bodies so we can value all bodies

★ Tools: Body As Partner; Our Bodies in These Spaces

All human beings have a deep desire to be in right relation

Hierarchy Part 3: Caste Structures; Seeing The Air; When the System Causes Harm

★ Tools: Grace, Non-Violent Communication, The Relationship Window

The true self in everyone is good, wise, and powerful.

Transformative Justice, Non-Binary Thinking, & Forgiveness

★ Tools: Transformative Justice & “The Restorative Justice Questions”

Everything we need to make positive change is already here: Death & Rebirth (What do we need to shed around our stories of school? What would nature do? What’s the new story?)

★ Tools: Your Complexity Guide; Implementing Your Plan